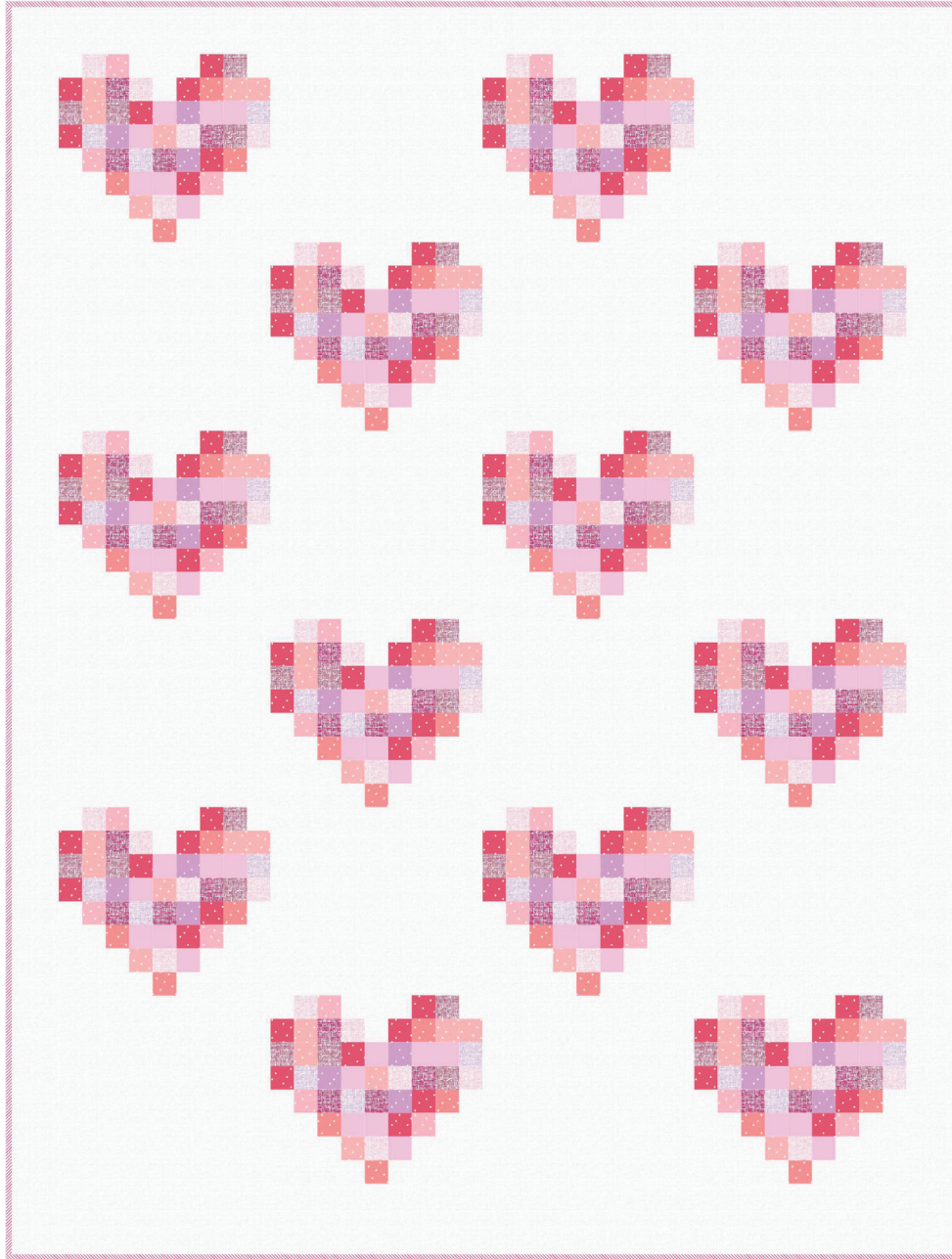


Dear Stella fabrics are available online and in sewing and quilting shops world-wide. Ask for it at your local quilt shop!



Finished size: 60 $\frac{1}{2}$ " x 80 $\frac{1}{2}$ "
Finished block: 13 $\frac{1}{2}$ " x 12"

Heart to Heart

quilt pattern

DESIGNED BY JESSICA STERN
and STACY DAY

Put your pixelated heart out there! Organized strip sets make easy work of sewing these postage stamp-inspired hearts. We selected 'pretty-in-pink' Net and Polka Dot prints, with a punch of peony, to keep this quilt extra sweet.



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HEART TO HEART QUILT PATTERN

Materials and Cutting

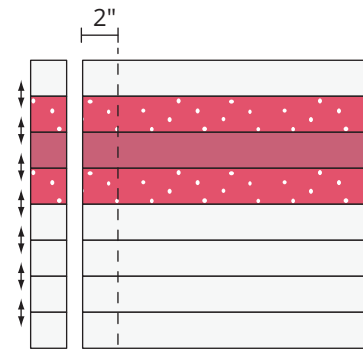
Fabric		Yardage	Cutting
	Net Stella-370 White	3 ³ / ₄ yards	Cut 4 strips, 14" x wof (width of fabric). Sub-cut 12 rectangles, 12 ¹ / ₂ " x 14". Cut 3 strips, 4 ¹ / ₂ " x wof. Sub-cut 2 strips, 4 ¹ / ₂ " x 40 ¹ / ₂ ", and 2 strips, 4 ¹ / ₂ " x 14 ¹ / ₂ ". Cut 4 strips, 3 ¹ / ₂ " x 40 ¹ / ₂ ". Cut 26 strips, 2" x 28" strips.
	Net Stella-370 Bubblegum	3 ³ / ₈ yard each	Cut 4 strips, 2" x 28", from each fabric.
	Net Stella-370 Punch		
	Net Stella-370 Lilac		
	Net Stella-370 Blush		
	Net Stella-370 Peony		
	Polka Dot Stella-187 Peony	3 ³ / ₈ yard	Cut 6 strips, 2" x 28".
	Polka Dot Stella-187 Coral	1 ¹ / ₃ yard each	From each print, cut: 5 strips, 2" x 28".
	Polka Dot Stella-187 Cupid		
	Polka Dot Stella-187 Lilac		
	Dress Stripe Stella-433 Blush	1 ¹ / ₂ yard (or 5 ⁵ / ₈ yard for diagonal stripes)	Cut 7 strips, 2 ¹ / ₄ " x wof for binding. For a binding with diagonal stripes, bias-cut enough 2 ¹ / ₄ " strips to make 290" when joined.
	Polka Dot Stella-187 Blush	5 ³ / ₈ yards	Cut 5 strips, 2" x 28". Reserve remaining yardage for backing.
Other			
	Batting	68" x 88"	

Note: All seam allowances are 1/4" unless otherwise specified. Press the seam allowances as indicated.

Make the Heart Blocks

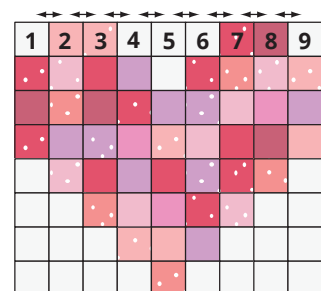
❶ Using the strip set chart on page 3, and paying careful attention to fabric placement, make 9 strip sets from the 2" x 28" strips. To make each strip set, arrange 8 strips as indicated in the chart, randomly selecting print strips where 'color' is indicated. Join strips along adjacent long edges, and press the seams open.

❷ Crosscut twelve 2"-wide segments from each strip set. Keep the segments from each strip set together, and label each group with its strip set number.



Make 9 strip sets.
Cut twelve 2"-wide segments from each.

❸ Arrange one segment from each group in numerical order, as shown. When correctly positioned, the color fabrics will form a heart. Join the segments together along adjacent edges, matching seams. Press the seams open. Make 12 heart blocks.



Heart Block
Make 12.



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PAGE 2 OF 3

HEART TO HEART QUILT PATTERN

Assembly

1 Arrange the heart blocks and $12\frac{1}{2}" \times 14"$ white rectangles into four vertical rows of three heart blocks and three white rectangles each, alternating the heart blocks and rectangles as shown in the quilt assembly. Join the heart blocks to the rectangles in each vertical row. Press the seams toward the heart blocks.

2 Sew the vertical rows together along adjacent edges, matching seams. Press the seams to one side.

3 Join one $4\frac{1}{2}" \times 40\frac{1}{2}"$ and one $4\frac{1}{2}" \times 14\frac{1}{2}"$ border strip along one short end. Press the seam open. Repeat with the remaining $4\frac{1}{2}" \times 40\frac{1}{2}"$ and $4\frac{1}{2}" \times 14\frac{1}{2}"$ strips to make two $4\frac{1}{2}" \times 54\frac{1}{2}"$ top and bottom borders.

4 Join two $3\frac{1}{2}" \times 40\frac{1}{2}"$ border strips together along one short end. Press the seam open. Repeat with the two remaining $3\frac{1}{2}" \times 40\frac{1}{2}"$ strips to make a total of two side border strips.

5 Pin and sew the step 3 borders to the top and bottom of the quilt top, matching ends and centers. Press the seam allowances towards the quilt top.

6 Pin and sew one side border to each side of the quilt top, matching ends and centers. Press the seam allowances towards the quilt top.

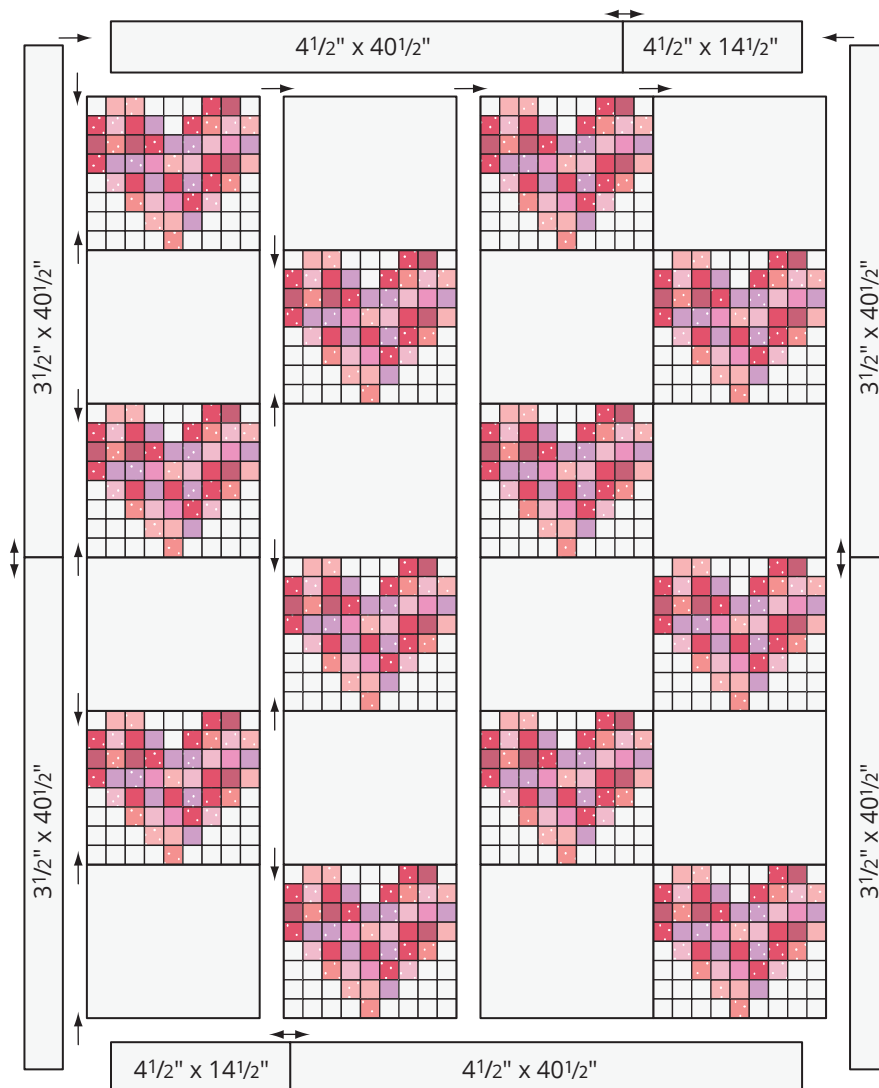
Finishing

1 Remove the selvages, then cut the backing fabric into two equal lengths. Sew the two pieces together along one long edge, using a $\frac{1}{2}"$ seam allowance. Press the seam open.

2 Layer the quilt back, batting and quilt top. Quilt as desired. Stitch around the perimeter of the quilt, a scant $\frac{1}{4}"$ from the edge. Trim the excess fabric and batting. Use your favorite method to bind the quilt.

	Strip Set								
	1	2	3	4	5	6	7	8	9
Strip 1	White	Color	Color	White	White	White	Color	Color	White
Strip 2	Color	Color	Color	Color	White	Color	Color	Color	Color
Strip 3	Color	Color	Color	Color	Color	Color	Color	Color	Color
Strip 4	Color	Color	Color	Color	Color	Color	Color	Color	Color
Strip 5	White	Color	Color	Color	Color	Color	Color	Color	White
Strip 6	White	White	Color	Color	Color	Color	Color	White	White
Strip 7	White	White	White	Color	Color	Color	White	White	White
Strip 8	White	White	White	White	Color	White	White	White	White

Use this chart to organize and sew nine strip sets for the Heart Blocks.



Quilt Assembly Diagram



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PAGE 3 OF 3